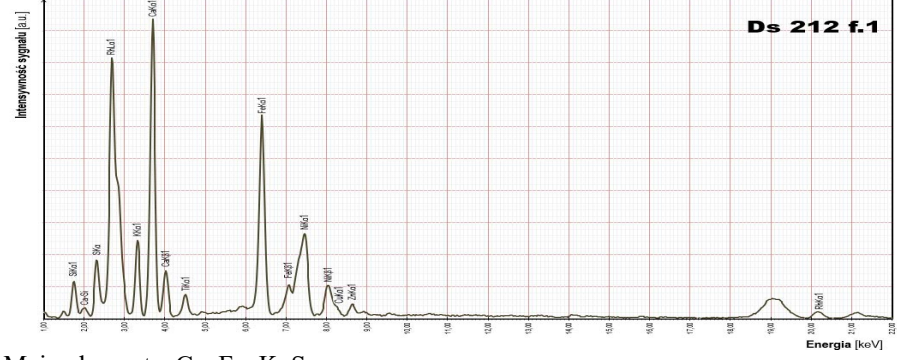


1. Text number	Ds 212
2. Text title (where present) in Tibetan	ཚེ་དཔག་མེད་གྱིས་[ཀྱི]དབུས་ལེགས་ལྷོ་བླ་ཤེས་པར་ཤོག
3. Text title (where present) in Wylie transliteration	<i>Tshe dpag med gyis [kyi] dbus legs+ho/ bkra shis par shog/</i>
4. A brief summary of the item's contents	A treatise on avoiding disease and suffering, attaining a long life, and an imperishable body.
5. Number of folios	10
6. Scribe's name	
7. Translation of title	Amitayus. May all be auspicious.
8. Transcription of colophon	<i>bdag phun tshogs don sgrub ['grub] gyis [kyis] bris/ bdag gis dbye nas [dben gnas] bsam stan [gtan] gling du spug don gum 'u thu thu byas nas bris pa'o/ bdag gis yag po bris pa rnams/ a khu thugs shig dgyes par mdzod/stag lha dga'mdzod/ a khu.....mistshe nyi ma bzhin du mnyam par gshog/ a ma a nu'i gtso byas nas nam mkha'i khyab tshad don du sngos pa'io/ 'di la yi dam mdzod la re re tshar 3 3 ston par mdzod cig/ ...ma yi dam phur ba'i lha tshogs zhal mihong ste/ bon nyid...chen po ngang la gnas par gshog [shog]/ bkra shis dpal 'bar 'dzam gling rgyan du gshog [shog]/ dge'o bkri [bkra] shis zhu dag/ mang ga lam/ bkra shis par shog/ a khu drang srong 'gu [mgu] par mdzod/</i>
9. Translation of colophon	I, Phun tshogs don 'grub, have finished writing in the hermitage of Samten Ling, and I hope that because I have written it well, it will please my uncle! Make... sTag lha deity... joyful... may uncle... be like the sun... return this to all beings as vast as the sky, foremost of whom are my mother and my aunts. By reciting this text three times each as a meditational deity, may I see the yidam Phur pa and his entourage, and abide in the ultimate nature of phenomena. May glorious auspiciousness be the ornament of the of the world. Virtue. Blessings. Good fortune. May uncle Drangsong be joyful!
10. General remarks	The scribe, Phun tshog don 'grub, appears in a number of works in this collection. He was a member of the Drangsong family and had connections with Samling monastery in Dolpo.
11. Remarks on script	<i>dpe tshugs</i>
12. Format	Loose leaves
13. Size	8.6 × 28.5 cm
14. Layout	
15. Illustrations and decorations	
16. Paper type	Woven, 1-2 layers, many fibre bundles, surface rough with creases
17. Paper thickness	0.18–0.27 mm
18. Nos of folio sampled	f. 1 right margin
19. Fibre analysis	
20. AMS ¹⁴ C dating	

21. XRF analysis



Main elements: Ca, Fe, K, S
Trace elements: Ti, Zn, Mn, Si

22. RTI

23. GCMS